



  
**THE  
FALCONDALE**

HOTEL & RESTAURANT  
GWESTY A BWYTY

*"fe ddaw eto haul ar fryn"*

## Itinerary of things to do Summer 2021

**\* NO CROWDS   \* STAYCATION   \* ROOM WITH A VIEW**



- \* 14 acres of lawns, gardens and woodland surrounds this country house on the outskirts of Lampeter**
- \* Superb, award winning produce from the local area used to create delicious dishes in the restaurant**
- \* Fall asleep to rustling trees and hooting owls in one of 17 unique rooms, and be awoken by birdsong in the mornings**
- \* We've created a suggested itinerary of things to do during your stay, take a look!**

**\* 01570 422910**

**\* [WWW.THEFALCONDALE.CO.UK](http://WWW.THEFALCONDALE.CO.UK)**

**\* [INFO@THEFALCONDALE.CO.UK](mailto:INFO@THEFALCONDALE.CO.UK)**

*"fe ddaw eto haul ar fryn"*

## DAY 1 - EXPLORE

### \* ON FOOT



There are two circular walks from the hotel, the Bluebell walk and Riverside walk. To avoid the crowds on the coastal path and in towns we would recommend taking a look at the top 11 Cambrian Mountains community trails, where there are OS maps and videos that show you what each trail has to offer. From woodland to reservoirs and rivers to hilltops there's something for everyone.

### \* BY BIKE



Should you be on your bike Lampeter is on Route 82 of the National Cycle Network. For leisurely mainly off road or quiet road cycling there is the 20 mile Ystwyth Trail, 17 mile Rheidol trail, 2 mile Aeron trail and 5 mile Teifi (Cardi bach) trail. All routes and maps can be found on Discover Ceredigion's website.

### \* IN YOUR CAR



Described by the AA as "one of the 10 best scenic drives in the world", the B4518 road links Cwmystwyth and Rhayader. Another outstanding drovers' route is the exhilarating B4343 from Tregaron over Abergwesyn to Llanwrtyd Wells. These two spectacular routes can be completed in one day—an unforgettable Cambrian Mountains circular of about 75 miles.

## DAY 2 - GARDENING EXPERIENCE

### \* NBGW



The National Botanical Gardens of Wales is a must see for gardening enthusiasts which features the worlds largest single span glasshouse at 110metres long, a large double walled garden, butterfly house, and a newly opened lakes and waterfalls trail leading around and through the Nature Reserve. Look out for special dog days usually on Mondays and Fridays.

### \* CAE HIR



A family run Welsh garden with Dutch history just outside Lampeter with over 30 years knowledge to share and inspire you with. One of the original Magnificent 7 in RHS partner gardens "Great Gardens of West Wales". You will meet the family during your visit. It is advisable to book in advance direct with Cae Hir.

### \* LLANERCHAERON



A national trust property between Lampeter and Aberaeron Llanerchaeron not only has an elegant Georgian villa but a remarkably unaltered self-sufficient estate including a farm, walled gardens and lake. Check the National trust website for opening times, and whether pre-booking is required.

\* 01570 422910

\* [WWW.THEFALCONDALE.CO.UK](http://WWW.THEFALCONDALE.CO.UK)

\* [INFO@THEFALCONDALE.CO.UK](mailto:INFO@THEFALCONDALE.CO.UK)

*"fe ddaw eto haul ar fryn"*

## DAY 3 - ADVENTURE

### \* CANOE



Your spectacular journey will take you through the Special Area of Conservation known as the Teifi Gorge, which was used for slate quarrying until the less usable slate that had been left in the river collected and blocked the gorge so that no motorised boats could navigate the river anymore. Half days (10am-2pm) and full days available.

### \* WATERFALLS



Read about the legend of Devil's bridge whilst experiencing Devil's Punchbowl, Robbers Cave and Jacob's ladder on the river Rheidol. Hafod is a woodland estate which became a destination for intrepid 18th century tourists in search of fashionable vistas and walks designed to delight and thrill. Cenarth makes for a picturesque setting and a pretty picnic spot, and a place to look out for salmon leaping over the falls.

### \* SAFARI



Cambrian Safaris offer excursions into the Cambrian Mountains in a Land Rover, accompanied by an experienced guide who can show you the best landscapes and scenery that Mid Wales has to offer. Pick ups can be arranged from Falcondale or Devil's Bridge, with half and full day packages available at reasonable prices. Your dog can accompany you (with prior arrangement).

## What if you need to cancel due to Covid?

We do not take deposits, and should your stay not be able to go ahead due to Covid-19 Government restrictions your booking can be changed without charge.

## How to getaway on your Staycation?

Take a look at our website [www.thefalcondale.co.uk](http://www.thefalcondale.co.uk) for our latest Escapes & Offers: -

- \* 2-night Sneakaway from £300 per couple
- \* 3 nights (or more) Welsh hideaway

\* 01570 422910

\* [WWW.THEFALCONDALE.CO.UK](http://WWW.THEFALCONDALE.CO.UK)

\* [INFO@THEFALCONDALE.CO.UK](mailto:INFO@THEFALCONDALE.CO.UK)