



Riverside Walk

3 miles

From the hotel walk down the South drive to the fork in the road, take the right-hand fork. Cross the road and the grassy area and also cross the main A475 Llanwnen Rd – you should now be the opposite side of the Murco petrol station.

Walk towards Lampeter town; turn right by the Hafan Deg residential home and walk towards the Rookery car park.

Walk straight ahead past the school at the end of Peterwell terrace bear slightly left so that Soar Chapel is on your left.

Continue along Victoria Terrace and take the 1st turning on the right into a service lane.

Continue down the lane over the intersection at the end turn right towards a footpath sign. At the sign turn left and follow the path through a kissing gate into the Teifi riverside field. Walk straight ahead and at the riverbank turn right through a gap into the adjoining field.

Cross the field keeping the riverbank close on the left and go over the stile. Aim for the gap in the far hedge (about 45 degrees to the right).

Go through the gap and bear right to the stile where the far hedge joins the riverbank again. Go over the stile and proceed ahead with the river close on the left to the way mark sign at the hedge.

Turn right at the sign – keep to the hedge on the right, continue to the double stile and wooden bridge on the far hedge.

Cross over the small ditch and turn left to the next stile and bridge over the Creuddyn stream ahead.

Once over the stile and bridge turn right and walk alongside the Creuddyn to the next stile – cross this.

Keeping the stream on your right, bear right at the yellow way mark sign to the wooden steps at the gap in the stonewall. Climb through back to the main A475 Llanwnen Rd. Cross over the road and find the hotel sign to follow the South drive back to the hotel.

Caution: Some parts of this walk may be quite muddy.